
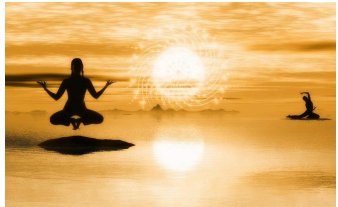










Rosenthal Community Hub Program

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Session 1 9am -945am					
	9am.-9:45am Morning Communication Music and Movement Morning Tea	9am.-9.45am Morning Communication Meditation Morning tea	9am.-9.45 Morning Communication Music and Movement Morning tea	9am.-9.45am Morning Communication Walking Exercise and Morning Tea	9am.-9.45am Morning Communication Meditation and Yoga Morning tea
Session 2 10am -12pm					
	Ten Pin Bowling \$8	Healthy Choices Cooking \$10	Heroes with Ability \$20	Work Experience Free	Outdoor Sports and Gym Free
		LUNCH 12pm -12.30pm			

Session 3
12.45 pm – 3pm



**Games Rec & Virtual
Reality**



Onsite Zumba Class
Free



Gym and Fitness
Outdoor sports



10am-2pm
Money Budgeting and Pub
Lunch
Bring Min \$20



Art and Craft